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**Values**

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| --- | --- | --- | --- |
| Integrity | Freedom | Relationship | Financial Independence |
| Honesty | Exploration | Team  | Stewardship |
| Genuineness | Creativity | Community | Frugality |
| Authenticity | Fun | Belonging | Overflow |
| Accountability | Artistic | Depth | Sharing |
| Do what you say | Spontaneity | Being known | Benevolence |
| Directness | Flexibility | Intimacy | Life-long learning |
| Sincerity | Knowledge | Commitment | Investment |
| Strength | Identity | Friendship | Success |
| Character | The Search | Communication | Recognition |
| Follow-through | Meaning | Gentleness | Community Involvement |
| Sacrifice | Influence | Compassion | Career advancement |
| Legacy | Truth | Caring | Efficiency |
| Family | Passion | Emotion | Accomplishment |
| Marriage | Seeing the world | Spiritual life | Focus |
| Duty  | Adventure | Health | Purpose |
| Honor | Diversity | Devotion | Achievement |
| Heritage | Travel | Passionate pursuit | Building |
| Responsibility | Change | Worship | Leadership |
| Harmony | Movement | Generosity | Mastery |
| Security | New Challenges | Service | Competence |
| Stability | Opportunity | Reflection | Precision |
| Peace | Enthusiasm | Reaching Out | Excellence |
| Home | Starting Things | Evangelism | Doing it well |
| Thoughtfulness | Entrepreneurial | Change the world | Planning |
| Practicality | Motivation | Hospitality | Being knowledgeable |
| Nurture | Progress | Concern | Principles |
| Love | Inspiration | Integration | Rationality |
| Beauty | Renewal | Making a difference | Nature |
| Romance | Healing | Volunteering | The outdoors |

**Values**

|  |  |  |  |
| --- | --- | --- | --- |
| Balance  | Boldness | Calm | Collaboration |
| Connectedness | Confidence | Contentment | Contribution |
| Courage | Integrity | Curiosity | Kindness |
| Discovery | Ease | Empowerment | Fairness |
| Flexibility | Growth | Happiness | Forgiveness |
| Freedom | Humor | Idealism | Independence |
| Innovation | Intuition | Listening | Optimism |
| Orderliness | Participation | Partnership | Patience |
| Presence | Productivity | Recognition | Respect |
| Resourcefulness | Romance | Safety | Self-esteem |
| Simplicity | Thankfulness | Tolerance | Trust |
| Understanding | Unity | Vitality | Wisdom |

From *Coaching Questions* by Tony Stoltzfus, 2008 and the Coaching Tools Company